



## ARLINGTON COUNTY, VIRGINIA

**County Board Agenda Item  
Meeting of April 24, 2010**

**DATE:** March 16, 2010

**SUBJECT:** Grant award to the Department of Parks, Recreation and Cultural Resources (DPRCR) from the National Recreation and Park Association (NRPA).

**C. M. RECOMMENDATION:**

1. Authorize the County Manager or his or her designee to accept NRPA grant funds, and execute the ACHIEVE grant agreement.
2. Appropriate \$35,000 in revenue received from NRPA (101.350908) to DPRCR (101.85708) operating expenses.

**ISSUES:** County Board approval is required to accept grant funds. No local match is required and no issues have been identified.

**BACKGROUND:** DPRCR has been selected by NRPA as one of only ten (10) communities nationwide to receive a \$35,000 ACHIEVE grant. ACHIEVE stands for Action Communities for Health, Innovation and EnVironmental ChangE. The primary focus of this grant program is to enhance the overall health and livability of Arlington County. In partnership with the Arlington County Department of Human Services (DHS), DPRCR will be using these funds to develop a coalition of local stakeholders and community leaders to address three (3) chronic disease risk factors: physical inactivity, poor nutrition, and tobacco use.

**DISCUSSION:** The Mobilizing for Action through Planning and Partnership (MAPP) is a process led by the Department of Human Services, which identified chronic disease prevention as a priority for the Arlington community. As a next step to the MAPP process, the Partnerships for Healthier Arlington was formed and a Strategic Initiative Team (SIT) was organized, by MAPP, to address chronic disease. The implementation of this grant would be based on the leadership and work of the members of the Chronic Disease SIT. A community assessment will be done by this team. A consequence of the assessment will be proposed policy, systems and environmental changes based on specific risk factors. Potential areas of review include smoking in public places, vending machine options, access to fresh fruits and vegetables, and promotion of active life styles. ACHIEVE grant funds will reimburse travel expenses for community assessment team members (travel to two separate national conference trainings is required), and equipment and operating expenses related to completing the community assessment and to implementing proposed changes revealed in the community assessment.

**FISCAL IMPACT:** No net tax support is required by accepting this grant. The National Recreation and Park Association grant will provide \$35,000 in funds to reimburse expenses related to this project.

County Manager: BMD/ma

County Attorney: SM/PRC

Staff: Kara VanGraafeiland, Department of Parks, Recreation and Cultural Resources

27.



# National Recreation and Park Association

## ACHIEVE GRANTEE AGREEMENT

Organization Name: County Board of Arlington County, Virginia;  
Department of Parks, Recreation and Cultural Resources

Organization Address: 2100 Clarendon Boulevard, Suite 414  
Arlington, Virginia 22201  
Attention: Steve Artley

If different from "Organization Name" above, make grant check payable to:

Treasurer, Arlington County

If different from "Organization Address" above, mail the grant check to: N/A

Agency Director Name: Dinesh Tiwari  
(Park and Recreation Director)

1. ACHIEVE Coach Contact Name: Kara VanGraafeiland  
(Designated Park and Recreation Coach)

ACHIEVE Coach Contact Phone: 703-228-6401

ACHIEVE Coach Contact Email: kvangraafeiland@arlingtonva.us

2. ACHIEVE Coach Contact Name: Jeanne Matthews

ACHIEVE Coach Contact Phone: 703-228-5584

ACHIEVE Coach Contact Email: jmatthews@arlingtonva.us

\*\*\*PLEASE COMPLETE BOTH PAGES OF THIS GRANT AGREEMENT AND EITHER FAX TO 703-858-0794 OR  
SEND AN ELECTRONIC COPY (with signatures) TO [zbashir@nrpa.org](mailto:zbashir@nrpa.org)\*\*\*

## ACHIEVE GRANTEE AGREEMENT

All National Recreation and Park Association (NRPA) 2010 ACHIEVE communities will receive a total of \$35,000 in grant funding. In return, all awarded agencies will be expected to meet the following objectives and guidelines (or demonstrate measured progress toward meeting the objectives):

- Establish a local coalition of stakeholders and community partners or CHART (Community Health Action and Response Team).
- Participate on mandatory CDC and NRPA ACHIEVE conference calls, as directed.
- Attend mandatory "Coaches Meeting" in Washington, DC, March 2-4, 2010. Your community CHART will send two "coaches" as lead representatives. One coach must be a representative from the awarded park and recreation department. Travel expenses for the Coaches Meeting will be covered by NRPA.
- Develop a Community Action Plan (CAP) that will address chronic disease prevention and health promotion through policy, systems, and environmental changes in your local community. The plan will be the basis for your community implementation and will be unique to your local needs.
- Complete the CHANGE (Community Health Assessment and Group Evaluation) assessment tool to identify policy, systems, and environmental changes to be made in your local community (add the # of time to completed CHANGE tool).
- CHART members (~10 individuals) will attend one Action Institute – either the San Diego Action Institute, June 14th-17th, or the Tampa Action Institute, June 21st-24th – based on your agency's geographic proximity. Travel expenses for the CHART members will be reimbursed by the grant funds.
- Present at least two ACHIEVE initiative updates to your local government officials by the conclusion of your agency's receipt of ACHIEVE grant funds.
- Host and prepare for a NRPA staff site visit to your community (dates will be announced and will likely occur between late summer and winter of 2010-2011).
- Complete and submit all required quarterly and final reports to NRPA, as directed. Final reports will be due every year for the three-year scope of work. Budgets and budget justification will be required with final report submissions.

Signing this document commits your agency to a three year agreement with NRPA to fulfill all components of the ACHIEVE initiative, as outlined. Your agency will receive payment in three installments of \$12,000 upon signing this agreement, \$12,000 upon completion of the CAP, and \$11,000 upon receipt of your final progress report for Year 1.

County Board of Arlington County, Virginia; Department of Parks, Recreation and Cultural Resources  
Name of Agency

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Barbara Donnellan  
Printed Name

Acting County Manager  
Title